

Allstarz Gymnastics Club

The club where every gymnast is a star

Newsletter December 2011

What a Year for Allstarz!

This year has been one of the most successful years in the history of Allstarz in 2011 our gymnasts achieved the following:

Erin and Jarred won the Overall Prep B category at the London Sports Acro Regionals

Dean Murrell- Was awarded 2nd Place in Great Britain at the National Tumbling Finals

Three sets of Pairs represented London in the regional Team for Sports Acrobatics

Allstarz Travelled to Switzerland to represent Great Britain at the World Gymnaestrada

We have had a huge medal/pin tallies at both General competitions and the following gymnasts became regional champions in their age groups:

Sharna Alleyne, Rachel Dunne,

Stephanie Curtis, Dean Murrell,

Erin Eastmond, Jessica Welsh,

Chloe Ellis

We finished the year taking two teams to the British Display Championships.

Both teams performed faultless routines across both days and we were fortunate enough for the senior team to receive 3rd place overall in the British Display Championships for the 3rd year running an amazing achievement.

Congratulations to all of our gymnasts we are hugely proud of your achievements this year whether that means gaining a medal/pin or achieving your own personal best, you are truly

All Stars!!!

We have also spent over £4000 on new equipment and have purchased: 4 large mat covers, a new safety mat, a handstand rebounder, a trampoline springboard and our awesome new supporting rig!



**Wishing all of our gymnasts
and their families a
very Happy Christmas**

Please support Allstarz GC at our annual club championships 17th December 2011

Only £2 per adult spectator so please bring friends and family and lots of pocket money too as on the day we will have: Leotards to sell, tombola, lucky dips, cakes, snacks and drinks, Christmas cards and much, much more

PS: Don't forget the annual Xmas Family Disco!!!

HELP ME FIGHT CANCER

PLEASE HELP ME FIGHT CANCER BY MAKING A DONATION!

With your help I will be able to receive alternative treatment in the USA.

Visit my website for more information and please remember to leave a message!

helpmefightcancer.co.uk



Help us to support Chiane Cloete. Chiane is a 5 year old gymnast from a local London Club who is currently fighting a rare form of brain cancer. Her family are desperately trying to raise funds to send her to America for life saving surgery. Allstarz really want to support this amazing young girl and so all profit from our Colouring competition will go to Chiane's fund we will also have buckets around the gym during our club championships so any who may wish to donate to her fund can do so.

Congratulations to the following gymnasts who have been accepted into the senior display team 2012: Mina Baker-Knowles, Lina Endo, Sharna Alleyne, Mia Wilkins, Jarred Dunford, Courtney Sutter, Shannon Newbury and Paige Newbury. We also welcome back Megan Dale who has returned from Malta. Try outs for the Junior Team are on Friday 13th January 2012 (by invitation only)

Did you know that all of our coaches and helpers are volunteers that all have full time jobs in addition to their roles at the gym?



The Queen's Award
for Voluntary Service

Allstarz have been nominated for a Queens award for Voluntary service...The Queen's Award for Voluntary Service is the highest award given to volunteer groups across the UK for outstanding work done in their local communities. So far we have had a very positive first inspection and a recommendation has gone forward to the most senior panel so, watch this space for updates ☺

Does anyone want to learn to coach/ judge?

If anyone is interested in learning how to coach we are looking for helpers for our recreational classes. There is currently a great deal of funding that would support you to achieve a coaching qualification. If anyone is interested please speak to Vicky ASAP.

Please check the website as it is now updated daily to keep you informed and up to date. We will endeavour to reply to any comments placed on the guestbook within 48 hours. Please make sure you are on the Allstarz mailing list, if you are not receiving emails please send a message to allstarzgyclub@hotmail.com and request to be added to the mailing list.

Useful contacts:

Gym phone 02084059355

Vicky 07763850517 Kay 07761246939

Email: allstarzgyclub@hotmail.com

Website: www.allstarzgyclub.co.uk

Milano: www.milano-pro-sport.com/

The Zone www.the-zone.co.uk

Dates for the Diary

2011-December

17th Club Championships and Disco- Gym closes-Spring term fees due

2012-January

4th Gym Starts back- **Fees must be received by this date or late fee will be charged**

February

4th Squad fees Due

15th- All day senior display team training

17th- All day junior display team training

25th Mini Fest and **East London Sleepover open to all squad**

March

24th- All fees Due

10th and 11th Acro and Tumbling Regional's

April

14th and 15th General Gymnastics White/Blue/Bronze/Silver gold

May

4th-7th Scottish Gymfest- No classes this weekend

19th-20th NDP National Finals- Acro and Tumbling

26th- Squad fees Due

June

3rd Junior and Senior Teams performing Coney Hall Queens Jubilee Fair

17th Allstarz Acrostars Competition

23rd-24th Irish Fleadh

July

7th- Biggin Hill festival- Junior and Senior Teams

14th Holding deposits due

21st Allstarz Fun day- Gym breaks up

September

4th All fees due

October

19th-21st London Festival

17th Squad fees due

November

GGTC Blue/White/Bronze/Silver/Gold TBC

Liverpool Minestrada TBC

December

8th All fees due

15th- Allstarz Club Championships and Disco